

AN
HOSPITALL

for the Diseased.

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Wherein are to be found most excellent and approoued Medicines, as well emplaisters of speciall vertue, as also notable Potions or Drinks, and other comfortable receipts, both for the restitution and preservation of bodily health.

Very necessary for this time of common Plague and mortalitie, and for other times, when occasion shall serue.

Newly augmented and enlarged.

Gathered by T. C. *K*

Ecclesiasticus. 38. 4.

The Lord hath created medicines of the earth, and he that is wise will not abhorre it,

AT LONDON,

Printed by Iames Roberts for Edward White,
dwelling at the little North-doore of Paules
Church, at the signe of the Gun.

1595.

HOSPITAL

for the Diseased.

Wherein are to be found most excellent
and approved Medicines, as well as
of special virtue, as also notable Portions or
Doses, and other comfortable Receipts,
for the Cure of all sorts of Diseases,
and of bodily Affections.

Very necessary for this time of common Plague and
mortality, and for other times, when
occasion shall serve.

Thoroughly augmented and enlarged.

Entered by T. C.

Boetius. 38. 4.
The Lord hath created medicines of the earth, and he
that is wise will not abhorre it.

AT LONDON

Printed by James Roberts for Edward White,
dwelling at the little North-doore of Pauls
Church, at the signe of the Gun.

1637.



¶ To all such Readers, as haue care of
theyr bodily health.

How prouident a patrone and bountifull a Father, the Lorde God of life is, vnto vs vnthankfull and rebellious Children; his manifold benefits doo testifie: yea the continuance of his kindnesse is heere- in principally declared. For, whereas our owne naturall corruption woorketh daylie in vs the banishment out of his fauour, and the danger of reprobation: he notwithstanding in consideration of our weaknesse, withdraweth not his compassion from vs, but in all our necessities, reaching out his helping hand vnto vs, is most readie (as he is alwayes able) to plucke vs out of the pite of perdition, whereinto the haynousnesse of our transgressions (as it were with a Cable) haleth vs perforce. O gracious God, how shall sinners worthily aduance the excellencie of thy loue? Who shall giue them an heart to conceiue thy kindnesse? Whence shall they haue vtterance to sound out thy mercie? Of themselues (because they are vesselles of wrath) they cannot compasse so perfect a woorke. Thou therefore which art the perpetuall spring of all goodnes, giue it them: O giue it them, and they shall haue it: yea, and in the hauing of it, they shall magnifie thy name, extoll thy power, and maruaile at thy mercie. Where is one, among thousand thousandes, that looking vpon the Heauens most gloriously beautified, vpon the Earth most plenteouslie enriched, vpon the frame of his owne bodie, most Angellicallie created: but shall of compulsion acknowledge the omnipotencie of God, and confesse the vnmeasurable greatnes of his goodnes, and loue toward man? The Heauen, to mainetayne life and light. The Earth to succour and sustayne nature: all creatures, lyuing in Land or Water, to supplie his wants: nothing to be reckoned and named, which he hath not most liberallie giuen vnto Man, as appointing him Lord and Soueraigne, but them his vassailes seruants. Against hunger, least thou shouldest famish, he hath prouided nourishment: Against thirst, least thou shouldest perrish, hee hath ordayned saurie lyquors: Against colde, least thou shouldest dye in thy nakednesse, hee hath giuen thee cloathing. And what hath he doone beside? Hath he not had speciall regarde to thy condition and estate? I meane to the health of thy body, and the safetie of thy soule? Yes, yes, and that is evidently prooued by the manifold remedies, which he hath prepared to restore thee to soundnesse of Limme and life, and by the free course of the pearle of his Gospell, which is the Iewell of all Christian ioye. In consideration of these so many good graces of God, what doth

To the Reader.

Thus farwell in Christ. T.C.

Thus farwell in Chrif. T.C.

An Hospitall for the diseased.

A preservation against the Plague.

Take a handfull of Sage, a handfull of Bearb-grace, or therwise called Kew, a handfull of Elder leanes, a handfull of red Bramble leanes, and stampe them together, and straine them thzough a cloath with a quart of white Wine, then take a quantitie of Ginger, and mingle with them altogether, and drinke thereof morning and evening a spoonfull nine daies together.

For the partie infected with the Plague.

If it fortune one to bee sicke of the Plague befoze hee have drunke the foresaid medicine, then take the water of Scabious a spoonfull, water of Betonie like much, and a quantitie of fine Treacle, put it together and drinke it and it will expell all the venome.

A medicine to breake the Botch.

If it fortune the Botch to appeare, then take Bramble leanes, Elder leanes, Mustard seede, and stampe them altogether, and then take of it and make a plaister, and laye it to the soze, and it will draw out all the venome.

A medicine for the Plague.

Take three slips of hearbe Grace, and five spoonfulls of Wineger, and beate the same togeather, then straine the iuice out thereof, and put thereunto one ounce of fine Treacle, and one ounce of sugar and stir it together, then set it over the fire, and make thereof a sirrop, and put it in a boxe close, then take a sage leafe, and euerie morning fasting, spread as much as a Beane thereof vpon the same leafe and so eate it. And if hee that taketh it, be infected, it will drine it from his heart, and if the partie that taketh it evening and morning bee not infected, it will pzeferue him within 24. houres after.

A plaister to drawe the sore.

Take one spoonfull of Honie, the iuice of Spurge, two spoonfulls and a halfe of wheaten flowze, a good quantitie, and

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one spoonefull of Turpentine, and temper these together without fire, and make of the same a plaister, and lay it to the soze, changing it at euerie 24. houres.

A good medicine against the Plague, approued.

Amongst other excellent and approued medicines for the pestilence, there is none more worthy available when the soze doth appeare, then to take a Cocke, Pullet or Chicken, and let the feathers of the taile of the highest part bee plucked off, till the rumpe be bare, then holde the saide bare of the Pullet to the soze, and the Pullet will gape and labour for life, and in the end will die, then haue an other Pullet, and do the like to the Patient, and if that die, yet still applie the patient with Pullets so long as any do die, for when the poyson by the saide Chickens is drawne forth, the saide Chickens that bee offered thereunto will liue, then the soze presentlie will swage, and the partie forthwith recovereth, this medicine is necessarie to drawe the venome from the heart.

A soueraigne drinke against the Pestilence.

Take an ounce of Sorrell water, and as much Dragon water, a dragma of Treacle, and put thereto a dragma and a halfe of powder imperiall, and giue it to the Patient with Ale within 24. houres after hee is infected, and he shall with Gods grace escape and do well.

A plaister to drawe a head to the sore of the Plague,
and to breake it.

Take two Lillie rootes, one handfull of some Dowe, two handfulls of Mallowes, one handfull of Linseed, stampe all these together small, and boile it in a quart of the Lees of Wine till it be thicke, then lay it an inch thicke upon Leather, broader then the soze, and let the borders of the leather bee plaistered with Cordiers ware, to make it cleane: it shall bring out the Botch in twelue houers, and breake it shortly.

A medicine that was taught King Henry the seauenth,
by his Phisition, against the Pestilence.

Take halfe a handfull of Kew, likewise of Mandragories, featherfew, Sorrell, Burnet, and a quantitie of the crops and rootes of Dragons, wash them cleane, and seeth them with a
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soft fire in running water, from a pottle to a quarte, and then straine them together through a cleane cloth, and if it be bitter, put thereto a quantitie of Sugar-candy, or of other suger, and if this medicine be used befoze the purples doe rise: ye shall be whole by Gods grace.

A medicine to be drunke suspecting any, to have the Plague.

Take a great Onyon, and the roze being taken out, fill the same full of good Treacle of Gene, and wrap the same in a paper, and rost it till it be softe, then straine the same with a little white vinegar, and being tempered with a quantitie of Sugar, giue the Patient to drinke two spoonfulls fasting, and if the Patient be infected with the Plague, you shall perceiue the appearance thereof, within five howres after the receipt of the same drinke.

Also for the vsuall drinke of euery Patient being so infected.

Take Rosemarie the quantitie of eight or nine crops, then take of Marigolds being browne within, of burnet, and of Bourage, euerie one a handfull thereof, let them bee sod in a quarte of Ale clarified, then put into it a crust of bread, a little whole Pease, and a quantitie of suger, and let him drinke the same at all times during his sickness, and put Pimpernell in his broth.

Also another drinke to be taken euery morning, for a preservative against the Plague, and for the auoyding of infection.

Take Hauerte the quantitie of a handfull, and boile the same in a quarte of good Wine vinegar, with a spoonfull of graines being beaten, and put into the same: then drinke the same with a quantitie of suger euery morning fasting.

A good medicine against the Plague.

Take of Betony water the quantitie of three spoonfulls, of good wine vinegar, the quantitie of three spoonfulls, and the quantitie of a Nutmeg of good Treacle of Gene, or els the quantitie of a Basell Root of Methridatum being all mixed together, take it in the beginning of your sickness.

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For the Plague.

Take in the morning fasting one drie Figge, one Walnut and foure or five leaues of Kew chopped altogether, and eate them, and afterwards drinke a cup of wine, if it be a woman with childe leaue out the Kew.

For the Plague.

Take an ounce of the leaues of Kew, halfe an ounce of good Figs, an ounce of Jenever berries, two ounces of walnuts picked, foure ounces of vinegar, and a good quantitie of saffron, stampe all the foresaide things together, and reserue them in an earthen pot or a glasse fast stopped, that no aire issue out, where of if ye receiue in the morning vpon a knives point the quantitie of a beane or more, yee shall be sure by the grace of God not to be infected within xxiij houres after.

A medicine for the Plague or leprosie.

Take hearbe grace, sotherwood, mugwort, wormewood of each a handfull, three or foure handfuls of Jenever berries, those which be blacke, cut and ched the hearbs small, and put them into a flanders pipkin, and poure therto foure quarts of good white Wine Vineger, and let them soke seauen nights if the hearbs be drie, if they be greene, let them not soke above foureteene houres, then put a handfull or two of those hearbs which be in the pipkin into the still, and then take out a quart of the same vinegar, and poure it into the still vpon the hearbs, and distill it with a prettie soft fire, for too great a fire will wast it away, and so still it untill you haue skiled all, from the pipkin into the stillatorie, and after this poure it into the pipkin againe, and put as many new and fresh hearbs, with so many berries as you had befoze in the pipkin againe, and so let them soke one other seauen nights, and then still them againe as you did befoze, & so the third time to be vled with new hearbs, &c. in the same manner as befoze, and at the last time, put foure ounces of Methidatum into the pipkin amongst the hearbes, or els five or six ounces of treacle, in place of the Methidatum for want thereof, and then being skiled as befoze, put the same into a double glasse, and stop it with a peece of leather bound about it, and if the party be infected, let him take therof
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four ounces at one time, and if neede be, you may giue him so much for two or thre daies as you see cause, and to a woman but two ounces, and to children according to their age, and as they be able to beare it: and so sweat two or thre houres; or longer if the party may endure. and one stande by alwaies to wipe their face least by putting out their hand they take colde; & when all this is thre times stilled, it will not amount to above thre or foure quartes.

An oyle for all manner of aches, bruses, and strainings
of the Sinewes.

Take a pottle of Peates-seete oyle, and a quarte of an ore gale, a pint of Aqua vitæ, a pinte of Rose water, baye leaues, Rosemarie stripped from the stalkes, Strawberrie leaues, roots, and strings of Lauender Cotton, of euery of these a handfull, beate them small, and put them into the foresaide stoffe, and seeth it ouer a fire of coales, in a pan of two gallons, and at your owne perill, let not the flame touch the stoffe, let it seeth very well, and then take it off, and let it stande untill it be almost colde, then straine it through a course linnen cloth, but not the bottom of the said liquoꝝ then put it in a glasse, and so keep it, and when you are pained, annoint your greife withall.

For an ache.

Take Aqua composita, and the oyle of Peates-seete luke warme, and annoint the patient vpon the place of the greife, laying warme clothes thereon.

A medicine for an ache, or shrinking of the sinewes.

Take the tenderings of Rosemary, and Marthe Mallows, by as euen portions as you can gette, gather your hearbs when they be drye from raine and dewe: pound them in a morter verie small, then take May butter well clarified, and put it to the hearbes, and mingle it in a vessell, and let it stande foure daies, then set it ouer the fire, and let it seeth till the strength of the hearbs be gone, then take a little of it in a spoone, and let it drop vpon the naile, and if it be greene as the Cetheracke, it is perfect: and then put it in an earthen pot; and when you will occupie it, you must warme it.

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A medicine for an ache.

Take Parslie and Wormwood, of each a handfull, and seth them in a quart of Ale, with a quantitie of swete Butter, and wash well the place therewith, that akes, and also binde the hearbs to the place, as hot as you may suffer it.

An approued ointment for aches.

Stampe Smallage, and put in it Aqua viæ, and straine it, then put therto Boies greace, and straine them well together, and annoint the Patient besoze the fire therewith euening and morning.

A medicine for an ache in any place.

Take Sowthistle, Chickweede, Elder leaues, groundsell and Cleuers, of each a handfull, drie all these together between two Tiles, then laie these hearbs to the place where the grieve is, let the hearbs be washed besoze they be dried.

A medicine for aching sores.

Take iuice of Smallage, of Sorrell, of waibzed, of each of them like much, take Honnie and the white of an Egge, of eyther like much, and mingle them together till it thicken, let it come nere no fire, but all raw and cold lay it to the soze.

For aches and swellings in the knees.

Take a quarte of Malmesey, and a handfull of Time, boile them together, and when it is halfe bottled, put in a good peece of swete Butter, and let them boyle together from a quart to a pinte: when you goe to bed bathe your knees well therewith, and wet a cloth thre or foure times double therein, and lay it to your knees as hot as you can suffer all night, and vse this fire or seauen times, and it will doubtlesse helpe you.

For a Seiatica or ache.

Take oyle of Beats feet, and Aqua composita, and anoint the same place where the paine is, then take woll newly plucked from the sheeps backe, and lay thereon, and wrap it well with warme cloathes.

A plaister for an ache.

Take as much Stone Witche to the ballne of a tennis ball, and a spoonfull of Tar, and a penworth of Treacle and Rosin, to the value of a tennis ball, and a spoonfull of Hony, boile it

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it ouer the fire in a Mettle; and stir it altogether till it be well melted; then take a new shapen skin; and make holes in it with a bodkin, and spread the medicine on the fleshy side of the skin, and lay it to the ache as hot as you may.

For an Ague.

Take Burre rootes, and red Pettie crops, and seethe them in stale ale; and clarifie it; and giue the sick thereof to drinke about such time as the colde beginneth to come; and after the heate be past. When you see that he beginneth to sweat, giue him to drinke Posset ale, made with Marigolde and Fennell, and see the Posset ale be well clarified, vse this medicine, for it will take away the Ague within three or foure fits at the vntermost.

A medicine against the hot Feuer.

Take a handfull of Bay leaues, a handfull and more of red Sage, and seeth the same in a pottle of stale ale, to a quart, and the same being strained, let the patient being in bed, drinke thereof a good draught, being warmed with a little sugar, an houre before his fit shal come.

A good medicine for an Ague be it quotidian or quarten.

Take of smallage, and of Featherfew, of either of them the quantitie of a handfull, stamp them and straine them, and then take halfe so much as the iuce of the same is of small ale, and being mixt together, drinke it warme a little before the time that the fit shall come: that is to say, when you perceiue any grudging. This must be drunke three seuerall times, the patient going to bed, and clothes inough laid vpon him.

A medicine for an Ague.

Take Pettles, Cobwebs, and Salte, and beate them in a wooden dishe, and lay it to the left arme of the sicke; and it will take away the heat of the Ague.

For the Ague.

Take Swol, and yolkes of Eggs, and Bay salt, and pepper, and mingle them together, and lay it to both wrists and it will take away the Ague.

For your drinke in your Ague.

For your drinke, take Ale, & not strong, & vse it luke warme.

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Drinke and Portage in an Ague. **Take** your Pottage and posset ale, and almond milke with these hearbs following, that is to say, Sinckfoyle, Succorpe, Buglosse, Endiue, Bozage, Sozrell, Lettice, and Fenell roots, and Parsely rootes, great reasons and Pzewnes.

A medicine for the drought in an Ague.

Take a quantity of Burrage, a quantity of Sozrell; a certaine of Violet leaues, a certaine of Strawberrie leaues, seeth them in a pottle of faire running water to a quart, then straine the hearbs, then take almonds, and blanch them, beate them and straine them with the saide water, and put sugar therein, and drinke it warme.

A medicine for the quarten Ague, and for the drought.

Take a pottle of good red Wine, and a pottle of new milke of a Colwe of one colour, take two or thzee good handfuls of Dense eare cleane picked and washed, stripe it into the milke and wine, and temper them together and let them stand so one night, and put them in a faire Still, and Still them with a soft fire, and take the water and put it in a faire glasse, and set it in the Sunne foure or fve daies, and let the sicke when he drieth in his Ague drinke thereof thze or foure times, and he shall be rid of his Ague, and his drinke shall quench his drought.

A medicine against the Quarten.

Take shell Snacles two handfuls, bay Salt, Gallowes, of each a handfull, beate these together, and lay it to the soles of your fete, befoze the quarten fit dooth come.

A medicine for a colde in a Feauer.

Take Camomile and Woozme wood, and seeth them in a quart of Ale, till halfe be consumed, and giue it the patient first and last.

A medicine against the hot Feauer.

Take a pottle of stale ale, and a bottome of a stale white Loafe, and a handfull of sinckfoyle, a handfull of Camomile, Treacle and Vinegar, of each a sponesfull, a few whole Maces, sugar Candy, as much as they list, and seeth these untill halfe be consumed, and straine it from the hearbs, and giue it to the patient.

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patient to drinke, and none other drinke during his heat, and as much thereof as he will, and it helpeth.

For the Ague.

Take two oz three Cloues of Garlike, and bruse them and a peniworth of Aqua vitæ, halfe a pint of ale: seeth them together, and drinke it a little before the fit come as hot as you may.

Against the corrupt aire.

Take Betany, Centoꝝ and Cgrimony, of each a handfull, and stampe them and straine them with ale, and with a Lycoras sticke brused: and then boyle it, and clarifie it, and make it pleasant with suger, and drinke thereof euery morning blood warme three spoonfulls, three or foure daies.

To make a man haue an appetite to his meat.

Seeth Centoꝝie in faire cleane water, and let the sicke drinke thereof euery morning blood warme, three spoonfulls, three or foure daies.

To make a man haue an appetite to his meat,

Seeth Centoꝝie in faire cleane water, and let the sick drinke it luke warme fasting three daies, each day nine spoonfulls, and he shall be whole, for this purifieth the stomack and best also.

A good comfortable powder to digest well, and many other good properties.

Take Bellatoꝝie of Spaine, Centoꝝie, Annis, Licoras Graines of Paradise, Ginger, Sinamon, of each like much beaten, and searced into fine powder, and drinke thereof morning and euening, halfe a spoonfull in Wine or in Ale.

To make Ipocras for a weake stomacke.

Take a pint of Aqua vitæ, and put in a glasse, then take two ounces of Sinamon, and one ounce of Ginger, two peniworth of Cloues, two peniworth of Graines, one of Nutmegs, and beat them altogether to grosse powder, and put them all into the glasse to the Aqua vitæ and shake it euery day of ten nine daies together, and then drinke it with Wine or Ale, halfe a spoonfull, or a quarter, with halfe a pint of ale.

A medicine to clesse the backe, and to purge the reines.

Take one Fennell roote, and two Parsellie rootes, and pick out the pithes of them, and take thereto one handfull of Bella-

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toxe of the wall, and all these being washed cleane, seeth in posset ale, and drinke thereof when you goe to bed, and if you wake at midnight, drinke you also.

A medicine for the paine in the backe, and for the heate in the backe.

Take Rosewater, and put thereto Saunders, and roseleaves, and lay them in steeps in your Rose water one whole night, then wash your backe with the same, and it will take away the heat, and greatly comfort the reines.

For paine in the backe.

Take Sage, Rosemarie, Camomell, and Pandlin, of each of them a handfull, then stampe them together and drie them in May butter, and annoynt your backe with it warme.

A medicine for the reines of the backe.

Take halfe an ounce of Turpentine of Venice, and let it be well washed in Plantine water, or Rose water, and then mixe it with fine white sugar, and make thereof foure or five balles, which you must eat thre in a morning fasting, and daylie drinke a little white wine, or Rhenish wine immediately after.

To drie out a paine or griping in the bellie.

Take Sothernelwood, and laie it against the place of the contrarie side where the torment is, and it will drie it out: and if it be laid to the Pauell, it will drie away the paine.

For the byting of any venomous beast.

Take Plantine and drinke the iuice therof, and take plantine and Salendine, of each like much, stampe them and temper them with stale pisse, and lay to the soze, and it will asswage the swelling, and draw out the venome.

A medicine for the biting of a mad dog.

Take a good handfull of Betony, and a handfull of wilde sage, a handfull of nightshade, and faire running water a pint, the hearbs being stamped and strained therewith, and put thereto a peniworth of Treacle, and giue it to the patient to drinke, two or thre mornings.

A medicine to stop bleeding.

Take Centorie, greene Kew, and red Fennell, and stampe
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and straine them, and drinke them warmed.

A medicine to stop bleeding.

Take Bursa Pastoris, Plantine, and bilop of each of them like much, and bruse them in a Morter, and warme them as hot as you can against the fire, and lay them to the nose of him that bleedeth, and bind some of the hearbs to his temples as hot as he can suffer them.

Another medicine for the same.

Take an olde cleane linnen cloth, and wet it well in vinegar, then burne it to powder, then take the powder therof, and if it be a wound cast it therein, and it will stop the bleeding immediately, but if the nose bleede, then snuffe vp the foresaid powder into thy nose and it will stint bleeding.

Another for the same.

Take a Toade, and drie him in the Sunne very drie, then put him in a Linnen bag, and hang him about your necke with a string, so low that it may touch your brest on the left side near vnto your hart, and commonlie it stayeth all kinde of bleeding at the mouth, nose, or wound.

Another to stop blood.

If your nose do bleede vnrmeasurable, then tie your little finger verie hard about the lower ioynt, and for the most part it faileth not but staieth the same.

For spitting of blood.

Take the iuice of Betonye, and temper it with Goates milke, and giue the patient to drinke three daies.

For the same.

Take Smalage and Mints, Kewee and Betonie, and seeth them well in good milke, and sup it warme.

To stench blood at the nose.

Take Betonie, stamp it with a little salt, as much as thou maiest take vp with thy two fingers, and put it in thy nose.

To stench blood.

Take Linnen cloth, and burne it, and take the powder and put it in another cloth, and so lay it to the wound. Also take an Hearbe that is called Veruinceth, and hold it between thy teeth, and thou shalt not bleede while thou holdest it there.

Good!

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Good for the braines.

To smell the saour of Muske, Camomell, to drinke wine measurablie, or to cate Sage, but not much, to keepe the head warme, often washing of your hands, measurable walking, measurable sleeping, to heare little noise of Musicke or singers, to eat Mustard, Pepper, the saour of Red Roses, and to wash your temples with rosewater.

Ill for the braine.

All manner of Brains, Gluttonie, Drunkennes, late Suppers, to sleepe much after meate, corrupt aires, anger, beauties of minde, to stand much bare headed, to eat too much or barillie, too much heat, too much watching, too much cold, Milke, Cheese, all manner of Ruts, much bathing, Onions, Garlick, and great noise, or to smell a white Rose.

For stopping in the brest.

Take Rew, and seeth it in Cisel, and so drinke it: drinke Nettles seede brayed, and it shall boyde grauell of the stone in the raine of the backe.

For a stincking breath.

Take the seede of Coriander, and boyle it in white rimney or Hacke, and thereof drinke thre spoonfulls in the morning, and as much at evening, but that you drinke in the morning, must be colde, and the other hot, but you must vse to take none excesse of meates, nor drinks, nor sit not late, but rise vp early.

A medicine for a bruise in the Leg or arme or else where.

Take water cresses, and wash them cleane, and seeth them in faire water till they be soft, then beat them small in a Morter, and put them in a cleane pan, and put therunto sweet selwet of a Hart, Buck, or Sheepe, and put thereto the Lees of wine, and wheat bran, and fry altogether, and make a plaister thereof, and lay it warme to the sore place, and so lay thre or foure plaisters as neede shall require.

An other plaister for a bruise or sore vnripened.

Take Omeale grotes, and seeth them in sweet Cow milk, untill they be as thick as Pap, and put it into a pan, with a quantitie of Sheepes tallow, and boyle them well, and stirre them well, and then make a playster thereof and laye it to
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the greese as hote as you can suffer it.

For a bruise or a straine.

Take the grounds of Ale or Beere, and wheat branne, and Chickweede, and lay it to the greese thre or foure times a day vpon a red cloth, not to thin.

For all bruses and aches in the bones.

Take a good quantitie of Malwort, and a certaine of Balme, and Smalage, and stampe them well, then take a pound of May butter, and temper them together, then make them in round balles, and let them lye eyght dayes after, and then stampe it againe, then fry it and straine it, and so put it in an earthen pot, and this will helpe the bruse, though it be very blacke.

A medicine for burning, scalding, or burnt with an hand Gun.

Take ten or twelue Eggs, as you will make the quantitie of your oyle, and let them be as new as you can get, lay them in the fire, and rost them as harde as you can, then take the yolkes, and chop them as small as you can, and put them in an earthen pot, and set it ouer the fire, and take a sticke and stir it, and let it boyle vntill you see it consumed in a manner to nothing, then take it from the fire, and set it in the ayre a quarter of an houre or more, and there will come an oyle thereof, then take a feather, and annoynt the greese with the same oyle, and take Hartstongue leaues, and lay them vpon the greese, & that wil gather the skin, then you may bind a cloth to it.

An other medicine for the same.

Take the dung of Geese, of one nights making, and fresh butter vsalted, or els clarified Shæpes sewet, and fry them in a frying pan a good time or season, vntill your sewet be almost consumed, then put them in a cleane course linnen cloth, and straine them into a small vessell, then take a feather, and dip it in the liquoz, and annoynt the burned place or scalded, and whē you haue so done, wet a fine linnen cloth in the liquoz, and couer the soze withall, and do this twice or thre a day, and by Gods grace it shall helpe you.

For burning or scalding.

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Take

An Hospitall

Take Maidenwort, stampe it and seeth it in fresh Butter, and straine it and annoynt the patient.

● To take away a heat or burning with Gunpowder.

Take a good quantity of Housleek, stampe it and wring out the iuyce, take the white of sixe Egges, and beate them in a dish till they be thin, and then take off the skinne, and put the rest together, and wash the sores with a linnen cloth, and lay the cloth aloft vpon the soze wet.

A medicine for burning or scalding.

Take black Sope, or gray Sope, and lay it immediatly to your soze.

For burning or scalding.

Take a good handfull of Auans, and as much of Sheepes dung, and so fry them in May butter, and straine it, & annoint the place with the same cold, twice a day, but annoynt it first with gray and black sope, and it will help, the oyntment must be spred vpon a flaxen cloth, if you can get it.

To make an oyntment for burning with Gunpowder, or scalding with water.

Take a handfull of Barroes greace, and two handfulls of Groundsell, and two or thre handfulls of Housleek, and stampe the hearbes together, then put to it newe Sheepes dung two handfulls, of Gose dung two handfulls, and stampe them altogether, and being hote, straine them through a cloth into an earthen pot, and with the liquor annoynt the burned place.

An oyntment for burning.

Take Plantine, Maybzed, Dasse, and greene barke of Elder, and greene Gose dung, and Dyle of Dulse, stampe them together, and wring them through a cloth, and bathe the place that is hurt with a feather.

For burning or scalding in what place soeuer.

Take the white of an Egge, and put it in a Pewter disse, and then labour it with an Allom stone, till it be like a Posset curde: then take a fine peece of linnen, and wet it in Dyle Dulse, or in some other Dyle, then lay the saide cloth vpon the soze, and aboue it lay the soze-sayd curde made of the white of an Egge, and that shall drawe out the fire, and heale the soze.

For

for the diseased.

For burning or scalding.

Take foure Egges and roste them, and take out the yolks, and fry the in a pan softly vpon the embers, till they be blacke, and thereof will come an Oyle, the which saue and put into a Gally pot, and vse it when you haue neede.

A medicine for a burning, for lack of other things.

Take the berries of Elder tree, and lay them to the soze, and it helpeth.

An other medicine for the same.

Take oyle Oliffe, and beate it with water till it were very white, and annoynt the place.

For a burning with fire.

Take blacke Tlernish, and all to annoynt the place with a feather, and it will stay the heate, and heale it as fayze as euer did Medicine, and so vse it till you be whole.

For a Canker in a womans paps.

Take Goose dung, and Salendine, and bray them well together, and lay them to the soze pap, it will clense the Canker, kill the woyme, and heale the soze.

For the Canker in the mouth.

Take the iuyce of Plantine vinegar, and water of Roses, and wash thy mouth withall many times.

A receit to still a Cock.

Take a red Cocke of thre or foure yeeres old, and kil him, and dresse him fayze, and cut him in foure quarters, bruse the quarters, and pick out the fat of them, then take halfe a handfull of red Hints, a handfull of Harts-tongue, put them in the pot close, with halfe a pint of Palmstie, sire crops of Visope, a roote of Parsly, a roote of Fennell, a roote of Endiue, twentie Damaske Prunes, twenty Raisons of the Sun, foure Maces, and let it still twelue houres, and let the pot be couered with paste, with a platter vnder it, and let the patient drinke it euery morning next his hart.

A medicine for the Collick.

First take a handfull of Rosemary, as much of time, and as much of Visope, one ounce of Cloues and Mace, and seeth it in a pottle of white Wine, and let it seeth till it be consumed to a

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quart,

An Hospitall

quarte, then put therein a little Sugar, and drinke therof luke warme, when you feele your selfe pained, and when it is sodden, as is befoze mentioned, you must burne it as you burne o-
ther wine.

For the Collicke in the side.

Take a small wooden dishe, & put therein first colde ashes, then lay vpon them hote embers, without great coles, & there-
vpon strew a good quantity of Cummin-seede, and sprinckle it with Malmie, and so doe till the dish be filled: then couer the dish with a fayze linnen cloth double, and lay it so hote as you can to your side where the Collicke lyeth, and vse this two or thre times, and it will helpe you. And for lacke of Cummin seede, take red Sage, Cannomell, Bisope, Time, Peneroy, all, of like quantity, and vse it as the Cummin seede befoze.

A Medicine for the stone.

Take Pellitory that groweth on the wall, grounde Iuie, Sarefrage, Parsly, Auans, Hallowes, and red Pettels, Pepper, Cheruell, and House-care, and boyle all these hearbes, of euery of them a like quantity in Whay, and clarifie the Whay with the white of an Egge, and drinke a draught thereof at a time, fasting.

An other for the same.

Take halfe a penny-worth of Parsly seede, asmuch of Radish seede, beeing wel dressed and brused, and seeth them all in a pinte of white Bastard to halfe a pynt, and then drinke it milk warme.

Another to breake the stone.

Take Hawthorne flowers, or for lacke of flowers take Halwes, and distill them, the flowers in May, and the Berries when they be ripe, take of this water thre sponesfuls, & thre sponesfuls of Malmie, and a quantity of Ginger, and drinke it warme.

A medicine not onely to breake the stone, but also cleerly to purge you thereof, if you doo vse this

same daylie.

Take the Koses of Hip tree, and pricked Holly leanes, and dry them in an Ouen, and beate the seuerally into dry powder, then

for the diseased.

then put them together being first seared, and of like quantitie: then put thereto the powder of Grommell seede, & Worme seede, of each a like quantity, doing but halfe so many in quantitie as the powder afore said, and they being mixt altogether, vse daily a good spoonfull of y^e said powder in a draught of Ale, Beere, white Wine, or Rhenish wine, evening and morning: and besides that, you may vse the same powder in brothes and pottages, the oftener the better: haue alwayes in store a good quantity of the said powder, you must keepe the same alwaies dry, in a Pipkin by the fire side, or other wise.

Another for the same.

Take Parsly, distill it, and vse to drink the water in white Wine, or in good Ale, and it will destroy the stone, Collicke, Strangurie, and other passions in man or woman.

A medicine for the Collick and the stich.

Take the grounds of Malmsie, Sheepes tallow, Ribwort, red Sage, and Alisanders, seeth all these together, and make a plaister thereof, and lay it to the græse, and annoynt you with Oyle Oliffe, and oyle of Balme mixed together.

For the Collick and the stone.

Take Bellitory, vnset Leekes, and Gallotwes, of each a like quantity, stampe them, and put thereto a penny-worth of Peates oyle, fry them well together in manner of a playster, put them into a bag of Linnen cloth, and being very hote, lay it to thy belly, and it helpeth within an houre.

And for the stone, lay the same to the reines of the back behind, and it helpeth with speede.

For the Collick and stone.

Take halfe a pound of Time, as much Parsly rootes, and blades, halfe a pound of Alisander rootes, and seeth them altogether in a pottle of Ale, untill it consume to a quarte, and so drinke it fasting.

For the stone, and for him that cannot pisse.

Take a quantity of time, Parsly, crops of Fennel, Sinckfoyle, Alisanders, of like quantity, five or sixe cloues of Cardlick, stampe them altogether, and straine them with white Wine or Ale, and drinke therof first and last, warmed.

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A speciall medicine proued, for the stone, Collick, Drop sic,
Strangury, and launders.

Take of Ceeny halfe an ounce, Ginger, Annis seede, Licorice, Maces, Pettie seedes, Beate, Saffron, of each two penny weight, Fennell seede, and Spikenard, of each one penny weight, and three penny weight of Sinamon, make all these in powder, and drinke thereof halfe a spoonefull at once in posset-ale, or in pottage.

For the Collicke passion.

Take Annis seedes, Fennell seedes, and Caraway seedes, of euery of them halfe an ounce, Ginger, Galingale, and Sinamon, of euery of them two dragmes, Cloues, Maces, and Cardam, of euery of the halfe a dragme, Setwall foure dragmes, Sugar eyght ounces, make them altogether in powder.

For the stone, or stopping of the water.

Take a pint of white Wine, and therewith make a posset, then take all the curds away, and put into the posset-ale two penny weight of the scraping of white Sope, and boile it, then drinke it as warme as you can.

For the Collick and the stone, proued.

Take Parsly seede, Bzome seede, Bromell seedes, Fenell seedes, Annis seedes, Planten seedes, and Smalage seedes, of euery of them a quarter of an ounce, and of Putmegs halfe an ounce, of Sugar tryed, foure ounces, and beate them altogether in a Morter, untill they be very fine, then searce the powder through a searce, and vse to drinke this powder euening and morning, three dayes in a weeke, with wine or other drinke luke warme, and take of this powder at a time, the quantity of a great Hasell-nut: and if the paine be great, take of the oyle of Scorpions, with oyle of Roses, & annoynt your side where the payne is, against the fire.

To purge the bladder of him that cannot pisse.

Take Fennell, and the rootes of Allesanders, Parsly, the rootes and the leaues of Harts-tongue, Maiden-haire, & seeth them in white Wine, and giue it the patient to drinke, and it shall purge the bladder in short time.

For the same.

Take

for the diseased.

Take Kewe, Grommell, and Parsly, stampe them together, and temper them with white Wine, and giue it the sicke to drinke warme.

For him that cannot well pisse.

Take a flint stone, and lay it in the fire, vntill it be redde hote, and therewith warme your Ale, and then drinke thereof.

To prouoke vrine, and against the stone.

Take three quarts of Ale, warme it well, let it be skimmed thrise, then put to it a handfull of time, a handfull of Rosemarie, and a handfull of Penniroyall, and let them seeth together till one quarter be consumed or more, then straine the hearbes fro the Ale, and drinke a draught of the Ale first & last warme.

To make one pisse.

Take a quarter of a handfull of Parsly, as much red fenel, wash and shred them small, and put them in a cup of stale Ale, and make a Posset therewith, and drinke the Ale & it helpeth.

For a man that pisseth blood.

Take Ambros a handfull, Burfa Pastoris, as much, Parsly seede, as much, stampe them altogether, and giue the sicke to drinke thereof in Goates milke.

To prouoke vrine.

Take a handfull of red Pettlerootes, and seeth them in a quart of good Ale, till it be consumed to a pint, and put thereto halfe a dish of Butter, and let it be cleane skimmed before the Butter be put in, & seeth it in Allesander seedes, Parsly seedes, Grommell seedes, beeing beaten into fine powder, and straine them through a fine cloth, as much of the one as of the other, and drinke thereof first and last.

For the same.

Take a quantitie of black Sope, and English Saffron, and temper them together cold, and lay it cold vppon your nauell, beeing spred vpon a broade paper, or red leather, and then layd vpon it a Linnen cloth, of tenne or twelue folds, hote, and roule you with a towell, and so lye downe vpon your bedde warme, and it will make you pisse within an houre.

A drinke for the windie Collick.

Take a quarte of Malmsie, and two spoonefuls of the pith of.

An Hospitall

of Parsly rootes, and a handfull of Violet leaues, and fine Bay leaues, seeth all these together vnto a pint, and drinke it morning and euening warme.

To take away Cornes.

Take Harigolds stamped, and lay vppon the soze euening and morning, and it profiteth. Or else pare your Corne, and lay thereto Turpentine and red wore boyled together, & make a platster thereof, and it helpeth.

To doe away a Corne.

Take and cut away the Corne, and drop into it a droppe or two of a blacke Snaile, and put thereto the powder of Sandefer, and it will doe it away.

For the same.

Pare away your Corne as neere as you can, & put into the hole vnleckt Lime as much as a fatch, & couer it with a playster of Were and Rozen, and let it lie 24. houres.

To make a water against a consumption.

Take a quarte of Rose-water, as much of womans Milke, Milke of Goates, of Hares, or of Cowe milke, put vnto them thirtie yolkes of Egges, well mingled togeather, and thereof Still a Water, whereof giue the patient to drinke warme first and last with a Cake of Manus Christi, made with Golde and Pearles.

For a Consumption in the reines.

Take Clary leaues and prick them, and frye them with two or thre yolkes of Egges, and put thereunto Saffron dried vpon a stone, and grinde it small, and put all together, and fry them in fresh Butter and eate it warme next your heart.

To make Iellie for one that is in a consumption.

Take a Legge of Weale, and cut away the fat, and a Capon or Cocke new killed and skald him, and wash him clean, and let the Capon and the Weale lie in water the space of thre houres, and seeth them on the fire, with two pottles of faire water, scum it cleane, and as the fat riseth take it off, and so let it seeth, till halfe the broth be consumed, then put in a pottle of rackt renish wine if you haue it, or els a pottle of white wine, and let it seeth altogeather, vntill it consume to a quarte, and
clarifie

for the diseased.

clarifie it with three or foure whites of Egges, and let it run through a ielly bag, and then set it on the fire againe, and put in one pound of Sugar, and one ounce of Sinamon grosse beaten, and then let it runne through a Jelly bagge three or foure times, and after let the patient drinke thereof warme.

For an extreame Cough.

Take Fenell rootes cleane washed, Anniseedes, and a little Licoriz, and seeth them altogether in white Wine, and take the white Wine, and drinke a good draught thereof when you goe to bed, and the next morning take a Fig and a Date, and roste them, and eate them somewhat hote, and neither eate nor drinke in two or three howers after, and in two or three times drinking it shall helpe you.

For the Cough.

Take eyght penny-weight of fine Ginger, and sixtene penny-weight of the powder of Elicompane rootes, and one ounce of the powder of Licoriz, and two ounces of the powder of Anniseedes, and three ounces of Sugar candy, mingel all these together, and vse to eate it when you wil at all times in the day, and you shall finde ease therein, for this is well proued.

For the Cough, and to dry vp the rume & fleame.

Take a handfull of Sage, a handfull of Bay salt dzyed at the fire, a handfull of Commin, a penniworth of Cloues, and another of Haces, and beate all these and mingle them together, and put them into a linnen bag, the length and bzeadth of a mans hand, and quilt it, and vse it hote vpon the mould of the head till you be eased, warme it morning and euening, and lay it to your mould againe.

For the Cough of the lungs.

Take a pottle of running water, twenty Figges, a quarterne of the best Sugar, a good quantitie of Licoriz and Anniseedes, a penny-worth of Maiden-haire, a handfull of great reasons the stones picked out, and boyle them vnto a quarte, and so warme a little in a stone cruse, and drinke thereof.

For the Cough.

Take Hysope, Horehound, Sugar and water, boyle them altogether, till it come to a thinne Sirrope, and so vse to eate there.

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thereof euening and moorning, and all other times when you thinke good.

For a Cough.

Take a pynt of Hysope water, and halfe a pinte of Rose water, and a good quantitie of Licorizs brused, a great spoonful of Anniseedes, halfe a pound of white Sugar candy, let all these boyle together, till it come to a cleere Sirrop, then put it in a faire glasse strained, and take this sirrop at all times of the day or night, when you list.

For the Cough.

Take a tolle of breade, and make it hote, and put on swete Sallet oyle, on both sides of it, and eat it euery moorning and euening, and it will helpe you.

For the same.

Take Barrowes or Bozes greace, thre or foure cloues of Garlick, and stampe them together, and warme and annoynt thy feete therewith at thy going to bed, and so keepe them hote with a toasted trenchour, and warme clothes and you shal recover.

For the chin Cough in chyldren.

Take Bozes greace, and warme the soles of theyr feete at the fire, and chafe them with the aforesaid Bozes greace, and let them goe to bed, and keepe them warme, and lay cloathes to theyr feete.

For the Cough and the wheefing.

Take a pounce of Sugar candy some-what finely beaten, halfe a pound of Licorizs searced, and halfe a pounce of Anniseedes searced, and an ounce of the powder of Ginger, an ounce of Elicompane rootes made into powder, and mingle these together, and take of the same powder halfe a spoonfull at a time when you goe to bed, and when you rise in the moorning.

For the Cough.

Take Hysope, Licorizs, Horehound, a little of the roote of Elicompane, great Raisins, Figges cut in small peeces, and Anniseedes: boyle all these in water, then straine out the water, and drinke it in the moorning fasting.

For

for the diseased.

For the Cough, and for stopping at the breast, and to open the pypes, and to auoyd much corruption.

Take the roote of Elicompane, and a roote of Radish, and shzed them thin, & Beare-wardens, twice so much as of both the others, then put altogether into a newe earthen pot, then put thereunto clarified Honny till it ouer-flow the saide ingre-
dience: then coner the pot, & paste it that no breath come out, and set it into an Ouen and let it bake with a batch of breade, and giue the sicke thereof a spoonfull at morning, an another at night.

Maister Bakers medicine for the Cough of the lunges.

Take three pints of running water, halfe a pounce of Boz-
tingale Sugar, with nine figges, and halfe a spoonfull of Aniseedes brused, a handfull of Raisins of the Sonne cleane washed hauing the stones picked out, a penny-worth of Mayden-
haire: let all these boyle together till the one halfe and more be boyled away, and then straine the same thzough a fine cloth, and euery morning drinke two spoonfulls of it luke-warme, and you shall finde present remedy.

For the Crampe.

Take Holy-oyle, oyle of Violets, and of Swines greace, of each like much: and make an oyntment and annoynt the place.

An excellent salve for a Cut.

Take two handfulls of Bugle, which groweth most commonly in Woods, and as much Valerian: bruse the very smal, the take a quantity of Deeres sewet, halfe so much vnwrought Were, so much of these two as the hearbes may bee boyled therein, then set it on the fire, and when it is halfe boyled, put in a quantity of the best Turpentine that you can get, then let it boyle till it be enough, and all the while stirre it well, when it is boyled enough, straine it thzough a cloath into a vessell and so keepe it.

For a newe cut that will not leaue bleeding.

Take the blades of vnset Leekes and stampe them, and put thereunto Honny and Wheat-flower, and stirre them wel together

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gether untill they be thicke : let it come neere no fire but all cold lay it to the wound, and it will stanche the bleeding, draw out the brused blood, and make it cleane.

For the deafenes in a mans head.

Take a quarte of Malmsie, a penny-worthe of Commin, and eyght Betony leaues that groweth on the land, then boyle all these together, till the one halfe of the Malmsie bee consumed : then take the pottle that you boyle your Medicine in, as soone as the hearbes be boyled, and couer it with a tunnel, and binde it close about the verge that the heate come not out : then put a quill in the other end of the tunnell, then put the patients eare thereunto, so that the heate may goe close into the head, first the one, and then the other : and whilst the heate is drying in the one eare, you must stop the other with black wolle, and you must haue hote cloathes to keepe in the heate on the other side of the head while that your Medicine worketh : then serue the other eare likewise. You must vse it three times in the day, that is to say, in the morning, at noone, and at night, and so you must continue the space of three dayes and three nights. See that the patient come not into any open ayre the space aforesaide : and you must put to your Malmsie a quarter of a pinte of cleere running water.

A good Medicine for deafenes, vsed by Thomas Steeuens of Bushton.

Take Bay berries, Bay leaues, Betony, and Sticards, of each of them one handfull, seeth them in white Wine to the halfe, and for an old man in Malmsie : then put it into a vessell that hath a narrow mouth, and holde your eare ouer it beeing unstopped, so that you may suffer it, beeing neither too hote nor too colde : then take oyle of bitter Almonds, and let drop therof two or three drops into your eare, and alwaies haue a Locke of fine blacke wolle that groweth betwene the Sheepes legges, to stop close your eare therewith : wherein if you put a little Muske it will be the better.

A soueraigne medicine for the paine and buzzing in the head, which hindereth the hearing very much.

Take

for the diseased.

Take one clove of Garlick, pill it, and pricke three or foure holes in the midst, and dip it in fine English Honny, and put it into your eare, and put a little blacke wool after, and lie vpon your other side each night, and so let it continue in your eare for the space of seauen or eyght dayes, and it will expulse the humors at your nose, expell the paine, and restore the hearing.

For the paine in the eare.

Take two handfulls of Sage, one handfull of Wisope, and halfe a handfull of Rosemary, put these into a little pillow boyled in Rose Vinegar, Aqua vitæ, and Rose-water, and lay it to your eare as hote as you can suffer it.

An oyntment for a swelling.

Take a good quantity of Smalage and Malloves, and put thereto two pounce of Bores greace, one pound of Butter, and a quantity of Peats-fote oyle, stampe them well together, then fry them, and straine them into an earthen vessell.

To make a drinke for an extreame heat or drought.

Take a pottle of faire water, a handfull of Succory, a handfull of Endiffe, a handfull of Violet leaues, a handfull of Burrage, halfe a handfull of Lettice, two Fenell rootes, two Parslie rootes, put them all in your pottle of water, & let them seeth from a pottle to a quart, then take it off, and put a little Sugar to it, and let it haue two wallops more, then drinke of it when you thinke good.

To make a dyet drinke.

First buy a diet pot, and fill him full of Conduit water, lacking a quart: then put to the water a quarte of white Wine, and set him ouer a soft fire of coles, then put thereto a pound of Licoriz scraped and cut in small peeces: halfe a pound of Anniseedes brused, halfe a pound of Ligna vitæ bought at the Turners, and an ounce of the barke of the same, which you may haue at the Apothicaries: then let all these boyle together an houre & an halfe, so that one part of the liquore be boyled away, then take and straine it into a fayre vessell, and keepe it close, and drinke thereof first and last a pretie draught warme.

A water for the eyes.

Take kindly Koch Alome white, a small quantity of Red

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Rose water, and the iuyce of red Fenell, and the white of an Egge well beaten, and take of the scum of the Egge and beate them together: then straine it throught a fine cloth, then dyppe your finger in the water and let it drop into your eye.

Good for the sight.

All this is good for the sight, red Roses, Meruaine Rootes, Fenell, Salendine, Pimpernell, Oculus Christi, to wash your eyes with cleere water, or to looke vppon greene colours, measurable sleepe, to looke in a fayre glasse, often washing of your hands and fete, and it maketh your meate to digest wel.

Ill for the eye sight.

To studie after meat, Garlick, Onyons, Leekes, Lettice, too suddaine going after meate, wines, hote or cold ayre, drunkennesse, gluttony, Milke, Cheese, much beholding of bright things, and as euill redde things as white: much sleepe after meate, too much walking after meate, and too much letting blood, colde woerts, fire, dust, too much weeping, and euermuch watching.

A speciall good water for the eyes.

Take a new layde Egge, and roste it hard, cut the shell in the middest, and take out the yolke, and put in a peece of white Coperas whereas the yolke lay, and binde the Egge together againe, and let it lye in the fire untill the Coperas be resolued in water: then take the white out of the Egge, and cut it in small peeces, and let it stand a while, then straine it throught a fine cloth, and keepe it in a close glasse, and dresse the eye euerie morning and euening.

To kill the pin and the web in the eye.

Take a quantitie of thre leaued Grasse, as much Red Fenell, as much red Sage, as much Daisies, the white of an egge beaten and the froth taken away: halfe a spooneful of Hennie, stampe all the hearbes together, and then take the iuyce thereof, and put thereunto the white of the Egge and the Hony, and then stirre them together, and drop the same into the eye of the patient: then take a plaister of Flare tow, and dip it in the sayd medicine, and lay it vpon the eye of the sayde patient, & binde it fast, and let it remaine so an houre at euery time of dressing.

An

for the diseased.

Another for the same.

Take the leaues of Saladine and stampe them and straine them : then put one drop of the iuyce thereof in the eye, and it will helpe by Gods grace.

For the web in the eye if it be olde.

Take the red Wimpernell and Euphrasia, and stamp them in a Morter : and then fry the with Capons greace in a cleane pan : then wzing it thzough a cloth into a vessell of brasse : and let it stand therein thze dayes after : put it in a bore of horne or tinne, and take thereof and put it in the web of the eye : Thys Medicine is soueraigne.

A good medicine for the eyes, being eyther
Pearle or Web.

Take thze leaues of Dasties, and Pouch-worte alias Bursa Pastoris, and the Chest lops, alias Woodliffe : stampe them together and straine them in a little good Ale : drinke of the same thze seuerall Mornings two howzes befoze you rise and you shall finde ease. Notwithstanding your eyes will be soze : then wash your eyes with cleere running Water : then drinke of your drinke two mornings againe : and you shal be whole and finde great ease by Gods grace.

A Water comforable for the eyes.

Take the iuyce of Euphrasia, or els water made of it : for it is the best hearb that can be for the eyes what way soeuer you take it.

For sore eyes.

Take rotten Apples and still them : and with the water thereof washe your eyes, and it wil purge and clense them and cleere your sight.

For the same.

Take Coperas and lay it in running water and straine it : and when you goe to bed strike the bzees of your eyes with the same water and let it drop into your eyes.

A water very good for the eye sight.

Take Rose-leaues, a great handfull of red Fernell : Heruaine asmuch : Kewe a handfull : of Salendine asmuch : and still them together : and you shall haue a good water and comforable

An Hospitall

for table for your eyes.

A drinke for the eye sight.

Take a quantitie of Iuie that groweth vppon the Ashe : a quantitie of the rootes and leaues of Daisies in the felde : also a quantitie of Fennell : and a quantitie of thre leaved Grasse : all these being washed cleane stampe them and straine them with a pinte of stale Ale : and drinke thereof euening and morning : or at midnight for a season.

A perfect water for the eye sight.

Take Sage, Fenell, Ueruaine, Betony, Cuphasia, or Eye-bright, Wimpernell, Sinckfoyle, and Hearb-grace, and lay all these in white Wine all night : and then still them in a stillitoy of glasse : or &c. This water is speciall good.

For the Emrodes, and to dry vp any sore.

Take the broade Pemphane leafe, commonly called Canel-leaues, which growe in waters : washe them cleane, put them in a paper, and fry them in the embers, and apply them as hote as may be suffered, and make them in powder, & cast them into the sore and it helpeth.

For the same.

Take redde Wortes and seeth them in a pot : then take the pot, and set it vnder a close chayze, and sitte ouer it, and lappe warme clothes about the chaire, that no ayze may goe out, and so sitte ouer it till it be colde, and then annoynt the members with the liquoz.

For the same.

Take a plate of Lead, and rub thereon a quantity of Bezes greace for a man, and Swines greace for a woman, and wash it out with white Wine, and annoynt the Emrodes.

A medicine for a red and high coloured face.

Take Wine leaues, Strawberries and Creame, and put two penny-worth of Camphire vnto it : then put it into a Stillitoy with the aforesayd leaues, and distill it : and take the water thereof, and washe your face therewith morning and euening for a certaine space, and it will take away the high colour of the same.

Ano-

for the diseased.

Another for the same.

Take Cowcombers, and pare them cleane, and cut them in slices, and styll them, and with the water that commeth of them, wash your face daylie, thre or foure times in the day, if you haue none of the water, then take the Cowcomber it selfe, and pare him, and rub your face therewith.

A medicine to destroy heate in the face or in any other place, though it be Saint Anthonies fire.

Take a quart of Smithes water, a handfull of sage, a handfull of Elder leanes, or of the greene barke, a pennyworth of Allom, and seeth them altogether from a quart to a pinte, then put it in an earthen pot, and annoynt the patient.

For the pimples in the face.

¶ Take Wheat flower mingled with Vinegar and Hony, and lay vpon them, and it will clense them.

Good for a Fellon.

Take Sage, Kew, Snalles Bay salt, and Bacon, and beate them togeather, and then lay it to the Fellon, and it shall helpe you.

For the same.

Take bearb grace, March, and white woztes, rustie Bacon, a little butter, a house snaille, mingle them together, and make thereof a plaister.

A medicine for Biles, Fellons, and Vncomes.

Take Wheate flower, Bozes greace, May butter, and Sage, and stampe it togeather, and make a Plaister thereof, and lay it to the Bile or fellon, and it will both ripe it and draw it, and if it be fryed it will worke the better.

To ripe Byles, Fellons, and Vncomes.

¶ Take a pinte of swete Milke, and set it ouer the fire, and put thereunto a quantitie of shepes sewet, small shzed, and a handfull or two of Datemeale fine beaten, and let all these seeth till it waxe very thicke, so that ye may spread it vpon a faire linnen cloth, and lay it as warme as you can suffer to the soze, and it will quicklie ripe him, and breake him without great paine, then when he is broken, lay a little Turpentine vpon a peece of white leather pricked full of holes, and it will

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draw

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by a we and heale it.

A gargresse for fleagme.

Take a quantity of Endive water, and as much Honisuckle water, a good spoonfull of Mustard pure, a spoonfull of Hony, two spoonfulls of Vinegar, and a little powder of Pepper, two or three braunches of Rosemary, and the leaves of Sage, and put all these together and heate them upon a Chafingdish of coales luke warme, and let the Patient put a spoonfull at once in his mouth, and hold his head upwards, and wash his throat therewith, and it shall make him boide much fleagme, let him take thereof as oft as he shall thinke good.

To breake the fleagme, and for the cough.

Take a pinte of Rhope water stilled, one quart of good Mustardine, three or foure good Races of ease Ginger, pare them cleane and cut them in slices, and twice so much Licquorice, and pare it likewise, one good handfull of sugar candie groce bruised, put all these premises together in a glasse, and shake them together and stop it close, and let it stand foure and twentie houres, then drinke thereof at your pleasure.

To breake fleagme.

Take Butter without salt, and Honie, of each a like quantitie, and a fewe bitter Almonds, blaunch them and beat them fine, and eate a little every day.

For the same.

Take Smallage, and seeth it in Vinegar, then take the Vinegar and wash your brest withall, and then take the Smallage and put it in a cloth, and binde it to your stomacke three houres.

For the same.

Take Sorrell, and stampe it, and straine it, then take the iuyce and temper it with white Ale, and drinke a good quantitie in the morning before you rise out of your bed, then take a sleepe after, and you shall deliuer fleagme wonderfull to see for the quantitie.

A medicine for the fluxe or laxe.

Take Egges and roste them hard, then take the yolkes of them and straine them with red Wine, and put thereunto Si-
namon,

for the diseased.

namon, then seeth them together, and drinke it as hot as you may suffer it.

For the same.

Take Wheate flower, and the yolkes of Egges, with the iuyce of Plantine, and make a cake of it, and bake it in an Oven, and eate it as hot as ye can, and drinke thereto red Wine or Respice all hotte, or else the iuyce of Plantine, for it will binde him.

A Cawdle for the bloody Flix.

Take a pinte of red Wine, and the yolkes of fine new layd Egges, a good quantitie of Sinamon, and a little Sugar, the pill of a Pomgranet dyed, and beaten to fine powder a good quantitie, and boyle all these in a faire platter vpon a Chafin dish of coles, till it be somewhat thicke, then let the Patient eate of it morning and evening, and as oft els in the day as his stomacke will serue him thereto, and it shall stop him be the Flix neuer so great.

A singular medicine for the bloody flix.

Take as much fine cloth as will make a suppositarie, being wapped round together bottome wise, then wet the same in the best Aqua vitæ or Aqua composita, and let the partie grieued conuay the same into their Fundament, and it will helpe them God willing within three or foure dressings, this is proued and hath holpen many that hath bene brought very low, and iudged past cure.

Another for the same.

Take a peece of Allome, as much as a Walnut, put it in a pinte of new milke, and seeth it on the fire till the Milke turne to a Curde, then take of the curd as you doe of the Posset Ale, then take the liquor that remaineth, and put vnto it a quantitie of the powder of the pill of a Pomgranate, and Sinamon fine beaten, and let them drinke it, and it will stop them, and if they eate of the curd they shall be stayed the sooner.

For the bloody Flix.

Take Almondes skinned and all, and stampe them small, and take the water of hooked Barlie sodden, and make thereof Milke, and put therein skinned and scorched of Pomegranats

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being stamped to powder, with a little sugar, and so eate the same every morning and evening and put gaddes of Steele that hath bene made red hot in fire into their Drinke.

To stop the bloody Flix.

Take a quarte of Beanes dyed over the fire, so that ye may make powder of them, then bryse them in a moxter very small and boult them, and take a quarte of good Ale, and a quantitie of flower, and so seeth them both together, and let the patient eate thereof at night as hot as may be suffered.

For the bloody Flix.

Take a pint of running water, and a pinte of warm Milke as it cometh from the Cow, and put them together, then put five or six flint stones in the fire, and when they be red hotte quench them in that Liquour, then put them in the fire againe, and quench them againe three or foure times therein, till the Liquor be halfe consumed, and let the party Drinke of it warme.

A medicine for the falling of the fundament.

Take red Pettles, brye them well, and put them in an earthen pot, and put thereunto a good portion of white Wine, and seeth it till the halfe be wasted, and give it the sick to Drinke first and last alwaies warme, and lay the hearbs to the Fundament as hot as ye can suffer it.

A plaister to heale a goutie Legge, a wound or sore whatsoever.

Take a handfull of Mallowe leaves & an other of Groundsell, put them in a Posnet with faire water, and let them boile till they bee sodden so tender that ye may make a playster of them, then put the Liquour from the hearbs and straine them through a strainer vpon a platter, and set the platter vpon a Chafingdish of coles, then put thereunto a quantity of Deares sevet, or shæpes sevet clarified, and vnwrought ware, sallet oyle, turpentine, and rosin, let all these boyle vpon a Chafingdish of coles untill they be thicke, then straine all the said stuffe through a linnen cloth into a vessell that you will keepe your salve in, and so let it stand untill it be colde, then vse the same being spread vpon a cloth, and you shall finde ease by Gods grace, and he'pe.

A plai-

for the diseased.

A plaister for the Gout or ache in the ioyntes, wherewith the Lord Rich was cured, when all Chirurgians thought him to be vncurable.

Take halfe a pound of vnwrought Ware, halfe a pound of Rosin, an ounce of Olibanum, a quarter of a pound of fine Liffarge of gold, three quarters of a pound of white Lead, beaten to powder, and searce it through a Searcer, and take a pint of oyle of Peates seete, and set it on the fire in a small Messell, with the Ware and Rosin, and when it is molten, then put thereto the other pouders, and stir it fast with a sticke, and then put a little of it vpon a pewter Sawcer, and if it be hard being so tried on the pewter sawcer, then take it from the fire and annoynt a faire boord with some of your oyle of Peates seete, and as you may handle it so beate, worke it as it were Cordiers ware, and make it in great roles, and make plaisters of it with a chafingdish of coles, and spread it thinne vpon a Linnen cloth or leather, and lay the plaister warme where the paine is, and so renew it morning and euening untill you bee whole, or till the ache be diuened to some other ioynt, and then take the plaister and lay where the ache is, and beware of colde and hotte Wines.

A medicine for the Gout.

Take foure handfuls of Malwort, and one handfull of Dozehound, and Bray them in a Morter, and put their ioyce to one pinte of Swines greace, and boyle them on the fire the space of halfe an hower, then straine it faire so it is good for all colde Bowtes in the armes, legges, or seete, and for all griefes in the bones that commeth of colde.

A drinke for the Gowte festered.

¶ Take a quantitie of Archangell, Betony, Wernlein, of each like much, and boyle them in Wine, and let the sicke person drinke therof first and last, and it helpeth.

A plaister for the same.

Take a sawcer full of the iuice of Smalage, another of Wormewood, bony, salt, and vinegar, and meddle them well together, and do thereto a quantitie of rye flower, stirre them

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fast together, and boyle them and make a plaister in a cloth and lay it to the soze, vse the drinke aforesaide, and the plaister, and it will helpe by Gods grace.

Good for the heart.

Saffron, Burrage, Muske, Cloues, Galingall, Nutmegs, the red rose, Violets, Sugar, Faces best of all.

Ill for the heart.

Beanes, Pease, Leekes, Garlick, Onions, sadnesse, anger, Dread, too much trauell, to drinke colde water after trauell, and euill tidings.

A medicine for the passion at the heart, called
Tremar cordis.

Take the powder of Burrage flower, the powder of Nutmegges, white Amber likewise in powder, the bone in a Stags heart, the powder of Cinamon, all these powders drinke luke warme with Beere, Ale, or Wine, euening and morning, and the partie grieved shall finde ease. These thinges must be portioned by good aduise.

A medicine for a continuall head ache.

Take Betonie water, and take a cloth three or foure double, and but three fingers broad, wet it well in the Betonie water, and lay it to your forehead colde. Let the cloth being wet come round about the head, and tie it fast, and three or foure times thus doing, it will helpe thee, and when the cloth is dryed wet it againe.

A medicine to cleanse or purge the head

¶ Take Bellitorie of Spaine, and chewe the roote in your mouth three daies at times, and it shall vnto away the ache and fasten the teeth in the gummies.

A medicine for the paine in the head.

¶ Take a Rose cake, cut it in length and breadth of the forehead, then take Rose water and Vinegar of like quantitie, as hot as you may suffer it, lay to the forehead.

A medicine for the winde in the head.

¶ Take a handfull of flowers of Cammomell, and halfe a handfull of powder of Cummin, and mingle them together, and make two bagges of the breadth of your eares and laye them thereunto.

for the diseased.

thereunto.

For the head ache.

Take the iuice of Kewe, and put it in the noſethylls, for it getteth out the fleagme and clenſeth the braine, the hearb ſoden in wine doth the ſame.

For the Megrime or head ache.

Take foure or ſine Nutmegs, and pare and ſlice them as you would pare and ſlice Ginger thinne, then make two little bagges of linnen cloth, of the length of your finger, and put in the Nutmegs, then take a quantitie of pure red Roſe water, and lay your bags in the ſame water in a diſh vpon a Chafingdiſhe of coles, and make them hot, and lay them to the temples of your head.

A medicine for the Megrime truly proued.

Take halfe an ounce of Pepper, two Nutmegges, halfe a quarter of an ounce of Graines, one pint of vinegar and a handfull of Roſemarie, and boyle altogether betwixt two plat- ters vpon a Chafingdiſh of coles, and then take a cloath, and put it ouer your head, and hold your head cloſe ouer it till it be boyled well nere all away, and by Gods grace it helpeth.

For the Megrime.

Take ſine leaued Graſſe, and Hozell that is called S. Ma- rie hearbe, euen portions of theſe two, and betony as much as of both the other, and beate all theſe in a mortar, and take the iuice of them, and put to the ſame iuice as much May Butter, as the quantitie of the iuice, and thereof make an oyntment, and annoynt therewith the patients browes when hee goeth to bed.

Another for the ſame.

Take bole Armonicke, Sanguis dragonis, and Terrafi- gillar, of each like quantitie, and beate them in powder, then to make a plaifter, take ſlare and laye it vpon a ruſſet paper, as broad as you will haue your plaifter, and take the clere of an Egge, and lay it vpon the ſlare, then take the ſoreſaide pow- der, and caſt it on that ſide of the playſter that ſhall lye next your head, and put one folde of ruſſet paper, or elſe of linnen betweene your head and the medicine, or elſe it will cleaue
hereto.

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very soze to the haire of your head, and this medicine is sure and well pzooued.

A good medicine for the Megrime in the head.

Take Leather vnallomed, so broad as your forehead, and in length from temple to temple, raise the same Leather, but not through, thereupon lay the Dyle of the white of an Egge, then take of the Apothizaries Sanguis dragonis, beate it into powder, and scatter the same vpon the oyle thinlie, and this done lay it vpon the forehead, not taking it away till it be ready to fall away of it selfe.

A medicine for the blacke Jaundis

Take Wheate Strawe, and lay it abroad vpon a faire floor in a close house, and put in Geese, and watch when they dung, and take it vp whole, and with a knife scrape off the white that is about the dung, till you haue a quantitie thereof, then drie it in an ouen, and make powder thereof, and drinke it morning and euening in ale warmed and that will cure both the blacke and yellowe Jaundis.

Another medicine for the blacke Jaundis.

Take the hearbe Ambros, Betony, Bugwort, of each of them a handfull, of Centurie halfe a handfull, and three or foure Docke rootes cleane washed and scraped, and stampe all these together in a Morter till they be indifferent small beaten, then take Spicknell, Turmericke, and Galigarie, of each of them like quantitie, and stampe them likewise in a mortar, then put the hearbs in a cleane linnen cloth by themselves, and the spices by themselves and tie them fast with strings, and hang them in a gallon or two of Ale when it is new and ready to be tunned, after three or foure daies drinke enery morning next your hart a good draught thereof, and drinke nor eate nothing two or three houres after, and do so likewise when you goe to bed, and no doubt by Gods grace it will helpe you.

For the blacke Jaundis, M. Anthony Cox prisoner.

Take the Gall of a Kauen and drie it, and grate it into powder, take a quantitie in a spoone, and temper the same with Beere or Ale together, and drinke it fasting in the morning.

A medi-

for the diseased.

A medicine for the yellow Jaundis.

Take a handfull of red Pettie crops, and seeth them in a pinte of Ale, and drinke the same being strained, three or foure dayes together.

Another for the same.

Take hard Spanish Sope, a little stale Ale in a cup, and rub the sope against the cup bottome, till the Ale be white, and shau in Iuorie, and let the patient drinke therof first and last till he be whole.

For the same.

Take Salendine leaues, and put them into your hosen next your fete.

A medicine for the yellow Jaundis.

Take a bigge Apple, and cut the top so as it may couer the Apple againe, and take out the coze, and put into it some Sweete Butter, and a good deale of Turmerick, and a pretty quantity of English Saffron, and roste it very tender, and let the sicke person eate of it three or foure mornings together, or more if neede bee.

For the same.

Take a quarte of white Wine, a great handfull of Salendine leaues, and boyle them to a pinte, but in Winter take the rootes, and drinke thereof morning and euening warme.

For the Yellow.

Take Bay salte, Dates, and Commin, and dry all these, and make two bags thereof, and as hote as may bee suffered, lay the one after the other to thealow or crowne of the heade, and so vse it a good while.

For the same.

Take sharpe leauen, and Bay salte vpon it cold, and put it to the yellow, and it will helpe.

A very good medicine for an Itch.

Take Docke rootes and beate them, bruse them, and fry them with fresh Butter, & annoynt the patient with the salue, and in fise or sixe times dressing, it will helpe you.

To make one seeme young long, to purge the winde,
and cleere the sight.

¶

Make

An Hospitall

Take powder of Fennell, Annis, and Chicompaine, and temper them with Aqua viva, and dry them againe, and eate a quantitie hereof morning and evening.

To make a Whay laxative.

Take a pinte and a halfe of clarified Whay, halfe an ounce of Beanie, a grotes worth of Anniseedes, halfe a handfull of Hops, Burrage, Buglas, of each halfe a handfull, and a little Fumitorie, and seeth all these in clarified Whay, untill it bee halfe consumed, and drinke it two mornings.

A good playster for festered legges that haue beene long sore.

Take Marsh, and wilde Tansie, Plantaine, and the great Mozell, Hony, and the white of an Egge, and Milke of a Colo that is of one colour, and barley Flower, and thicke all these together, and bray the hearbes in a Morter, and after that mingle the rest with the hearbes.

For the stopping in the liuer.

Take the broth of a Chicken, of Mercury, & Succory halfe a handfull, and a few great Raisons, and picke out the stones, and let all these boile together: the take a few bitter Almonds and blanch them, and beate them: and with the same liquoz make Almond milke, and so vse to drinke it every morning first.

Another for the same.

Take Gadder rootes, boyle them in halfe a pinte of Ale, and let it seeth to a draught, and let him drinke it in the morning fasting, twice in a weeke.

For the same.

Take Turpentine of Venice, to the quantitie of a Beane, and put it into a spoone, and holde it ouer the fire till it doe melt, then put thereto a little white Sugar, and let him eate it euery day fasting.

For heate in the Liuer, and drines in the hands.

Take a quantity of Strawberie water stilled, seeth therein a quantitie of Liuer worste, and drinke it with as much Sirrop of Pints.

For the heate of the Liuer.

Take Saunders, and good strong Vinegar, and heate them hote,

for the diseased.

hote, then take the Scarlet in graine and dip in the same, and and so lay it to the spoone of your breast, on the right side.

For the Plurisie.

Take Brooke lime, Sheepe sewet, and a little fayre water, and fry them together in a frying pan, and make therof a playster, and lay it to the patients side, and it will draw out the corruption.

For the Plurisie or stich.

Take Aqua vitæ, and Capons greace, boyle them together, and dip therein black woll, and lay it hote to the stomack, and it will ease the stich.

For the Lungs.

Take the Lungs of a Fore and dry it in powder, and put a quarter of a spoonefull into a little Almond milke, or broth, and eate it, and it is very good to preserve the Lungs.

For the pricking of a thorne, or needle in a ioynt, and the hole be stopped againe.

Take fine bolted flower of Wheate, temper it with white Wine, and boyle it together untill it be thick, and lay it on the sore as hote as you may suffer it, and that shall open the hole, and draw out the venome or filth, and ease the aking, and heale and close it vp againe: and for lack of white Wine, yee may take Ale or Beere: and this Medicine is good to heale a Wyle, Whitlowe, or Uncome.

An easie purgation.

Take a pinte of white Wine, and one ounce of Cæny, and a good handfull of Raisons of the Sunne, the Stones beeing taken out, and halfe a spoonefull of Anniseedes: put all these into the said white Wine a whole night, and the next morning boile it to a draught, and so let the person drinke it luke warme: and if you will, you may put thereunto three or foure rootes of Polipodie of the Dake.

An easie purgation.

Take two pound of Figges, and put them in a gallon of fine wyte of Barly Malt, put thereunto two ounces of the powder of Licorice, an ounce of Sugar, when the Figges are boyled, bray them small in a Morter, and draw them through a

An Hospitall

Strainer, and let it boyle againe, and cast thereto a pinte of the best Dyle Oliffe when it is well cooled: an ounce of Raisons or Currants, and eate this with light bread.

A playster to be layde to the same side that the melte is in.

Take a good quantity of new Wheat branne, as much Anniseeedes, and beate them small in a morter, then in a pan mingle them with Vinegar vpon the fire, till it be like a plaister, then put it in a linnen bagge of two handfuls long and one handfull broade, and make it thin and warme, lay it to the side where the Melte is, and role it fast, and in the morning take it away, and then washe the side with his owne water, & drinke againe, vse this order foure nights.

For the Morpew.

Take and drinke Elder water nine dayes, three sponesfuls, and euery day looke that yee sweat, then take three or foure Roke Apples, and lay them in white Vinegar foure & twenty hours, and then wash the body with the Vinegar, and it helpeth.

Another for the Morpew.

Take the iuyce of Salendire, and mingle it with the powder of Wymstone, and lay it where the Morpew is, all cold.

For the Morpew, white or black.

Take Betony, Hartstongue, Sage, Plantine, red Fenell, water Cresses, of euery of them one handfull, of hearb Benet, halfe a handfull of the leaues, of Meruaine an ounce, & stil these, and drinke euery day fasting foure sponesfuls thereof, & walke an houre after vpon it.

To cleanse the mouth, and to fasten the teeth.

Take Sage and Woodbine leaues, of each a handfull, a good sponesfull of Hony, a peece of Alooe as bigge as a good Walnut: boyle all these together in a quart of running water to a pynite, and wash the mouth with this water luke warme, three or foure times in the day.

For to destroy a Ring-worme.

Take a red Docke roote, and let the roote be pared, & when it is pared, lay it in Vinegar till it be well steeped, and then rub it well vpon the Ring-worme, and if it be very ranke, take the powder

for the diseased.

powder of Brimstone, and lay it in the Vinegar, and temper them well together, and then rub well the King-worme with all, and it shall destroy it.

A medicine to kill a Tetter, Ringworme, or any kinde of Itch.

Take Sallet oyle and Salte tempered together, and being luke warme, annoynt the sores there-with.

A restorative which diuers Noble men haue vsed, and hath prolonged theyr life.

They tooke a pounce of Cap Dates, cleane picked, and the stones taken out, & caused them to be sodden in a pinte of Muscadine, till the wine were somewhat consumed, and keepe it in a glasse, and thereof did put in theyr pottage three or foure spoonfulls at once, when they did eate any broth euery meale.

To heale the vessell wherein Nature lyeth, if it bee broken.

Take the huskes of labeles, or Acornes dreyed, and beaten to powder, take a spoonfull, and drinke it in the morning with a little warme Ale, and lye in your bed an houre or two after.

For the Palsie.

Take a handfull of Sage, a handfull of Southernwoode, a handfull of Spike, a handfull of Lauender, a gallon of running water, and boyle all these together till it come to a pynte and a halfe, then straine it, and put it out into a stone cruse, and take euery time thereof foure or fve spoonfulls in a sawcer, luke warme, and gargle it in your mouth to and fro, and after spit it out, and in like maner put foure or fve spoonfulls in a sawcer luke warme, and so chafe that part of the body that is pained with the Palsie, with a sponge dipped in the said water.

Another for the same.

Take powder of Pepper, & powder of Pellitory of Spaine, and powder of Iule, of each an ounce, and powder of Sage two ounces, and vse thys powder in thy pottage.

For lamenes in the side comming by palsie.

Make a bath of Sage and Ilope, & boyle a great quantitie of them together, in running water, & bathe the side that is sore with it, and binde the hearbs to it so hote as you can suffer it.

An Hospitall

A medicine very good for those that be taken with the Palsie,
though not the shaking Palsie.

Take the blood of a fore warme as it cometh from the
fore, the blood about the hart is best but all the rest is good:
and with this blood all to chafe the place that is taken, and
then take the skynne of that fore, and put the raw side neere
where the Palsie is: and it must lye to it at the least twelue
howres, and in the meane tyme till you can get that fore,
chafe the nummed place with oyle Oliffe, or Aqua composita,
this medicine of the fore is speciall good for the Palsie, and
hath bene well proued.

For the Palsie that taketh away the speech.

Take Sage leaues, and Primrose leaues, and if it be win-
ter vse Primrose rootes: then beate Sage and the Primrose
leaues together, of each like much, strayne it with Ale, the giue
the patient to drinke a good quantitie: this is well proued.

For the same.

Take Sage and dry it betweene two warme Tyles, and
lay it to the nape of your necke, and binde it to the wrists
of both the armes: then take a Nutmeg and slice it thin, and
lay one slice aboue the tongue, and another vnder the tongue,
and so vse it as often as you will, and by the grace of G D D it
shall doe much good: the necke and the wrist must be annoynted
with oyle of Spyke, or the water of Spyke.

A medicine for the Palsie.

Take Lauender, Spyke, and Sage, and still them, and
drinke thereof a good quantitie every morning, being warme
ryther in Ale or otherwise: take also Sage, and Betony, and
put them betweene two dishes vpon a chafingdish of coles, and
sprinckle them with good Balsme, and so apply them warme
to the nape of your necke, and the wrist of your hands.

A medicine for the Palsie.

Take the beards of the heads of vnset Leekes, and washe
them cleane: take a quantitie of running water, and seeth
them therein till they be somewhat tender, then dry them wel
in a linnen cloth, stampe them as small as you can, then take a
good

for the diseased.

good peece of fresh butter, boile them therein vpon a chafingdish of coles, and put in a good quantitie of English Saffron, and boyle them togeather, and when it is well boyled, straine it through a faire cloth into a Glasse, and keepe it, and when you will occupie it, make a playster thereof vpon a Linnen cloth and lay it colde to the greefe.

To stench the bleeding of the Piles.

Drinke the iuice of Milfoyle, for that is proued: also do therunto the powder of burnt Garlicke, and the Pyles shall die.

To destroy the Pyles.

Take Oyle of Roses, and frankensence and Hony, and make an oyntment of them, and put it in with thy finger into thy Fundament, and put thereunto Mirrhe, and often annoint the Fundament therewith, and let the breath thereof goe vp into thy Fundament.

A true medicine for the Pyles.

Take blacke Wooll, and blacke Sope, and binde it thereto.

To make a salve to bring woundes that ranckle and ake into their owne kinde, and ease the burning and aking.

Take the iuice of Smalage and Plantaine like much, take Hony and the white of an Egge like much, and put to them boulded flower of Wheate, and stir them well together untill they be thicke, and let it come nere no fire, but all colde and raw, lay it to the soze, and it shall cleanse the wound, and ease the aking, and bring it to his kinde, and heale the wound faire, for this is a principall salve.

For a wound that is ouer healed, and sore vnderneath.

Take Barly meale, the white of an Egge, and Hony, and meddle them together and make a plaister thereof and applye it to the soze and it helpeth,

A plaister for a greene wound.

Take flower and milke, and sett them altogether till it be thicke, then take the white of an Egge and beate them together, and laye it to the wound, and it will keepe it from ranckling.

To

An Hospitall

To make Melonitret to cure any greene wound or Vnicorne
or others, whatsoeuer they be.

First take two pound of Rosin, halfe a pound of wax, halfe
a pound of Frankensence, a quarter of a pound of Shæpes se w
et clarified, put them into a faire pan, then take a pottle of the
iuyce of Gillonet, boyle these aforesaide stufte with a soft fire
till they be inculten, and stirre them a prittie while, then
put thereunto the iuyce of your Gillonet, and stirre them till
they be cold, and let the stand a day or two, then melt it againe
with a soft fire: and when it is molten, put there unto a pinte
of red Wine, and stirre it till it be cold, that you may worke it
with your hand and make it in roles.

A water to cure all manner of wounds and sores, be they neuer
so sore and stincking, and all maner of cankers in the
nose mouth, throte, or wheresoever.

Take a handfull of red Sage, a handfull of Salendine, and
as much of Woodbine flowers with the leaues: take a gallon
of running water, and put the hearbes in it, and let them boile
to a pottle, then straine them through a strayner, and take the
liquor and set it ouer the fire againe: then put thereto a pinte of
English Honey, a good handfull of Roch all finely beaten, a
peny worth of graines grossly brused, and let them boyle altoge
ther three or foure walmes, and then let the scum be taken off
with a feather: and when it is cold, put it in an earthen pot or
bottle so as it may be kept close, and for a greene wounde take
of the thinnest of the same Water, and for an olde soze, of the
thickest, the water being first well shaken together: and after
that you haue censed the olde soze with white Wine, take a
quantity of fine lynt, and the same being well wet in the sayd
Water, doe you therewith oftentimes bathe your sayd wound,
and with the sayd lynt in the end couer the wound: and if there
be any holes in the sayde wounde, fill them with Lynte made
tent wise, and so after couer the whole wounde with a peece of
a bladder: the more better to continue your lynt in moysure,
dresse your wounde twice a day, in the morning and in the E
uening, and it helpeth.

for the diseased.

A medicine or drinke for him that is burst in the belly or coddles.

Take a knuckle of Meale, a pottle of white Wine, halfe an ounce of Haze, halfe so many Dates, halfe a pound of Railons of the Sunne, a handfull of Camfrey, a handfull of Polipodium alias ffeare of an Oke, a handfull of Sparoking, alias Knotwort, take all these and put them in an earthen pot, and set on a Kettle of water of five gallons, and set the earthen pottle in the water, and stoppe it with paste very close, and let the Kettle bee kept seething five or sixe houres with the earthen pot therein, and keepe the Kettle still full with other seething water, then take all these and beate them in a Morter, and straine it, and giue the patient of the liquour thereof both first and last.

For the tooth ache.

Take a pinte of white Wine, halfe a handfull of lauender cotten, and seethe them together till the Wine be halfe spent, then put into it halfe a spoonfull of Bay salt, then let it seeth a little, then take a spoonfull of the liquour and put it in that side that the paine is in, and keepe it in thy mouth, and then put another spoonfull in, so one after another, and it will helpe thee.

A good drinke to put out the small Poxe or Pimples.

Make a Posset of Ale with milke, and the card being taken off, take red Fennell the quantitie of a spoonfull, and the same being sod together with the Ale, straine it and put there, to the quantitie of a Nutmegge of fine Treacle, a quantitie of setwall and a quantitie of English Saffron, being well mingled together, and giue it the Patient to drinke warme.

A present remedie for an Ague.

Take two ounces of Bay salte, two ounces of white Frankensence, and a handfull of Smallage, beaten altogether and lay it to the wisttes of your handes, and to the boughs of your armes, two houres before the fit doe come, proued.

For the same.

Take two or thre cloves of Garlicke, and bruse them, and a penyworth of Aqua vitae, halfe a pinte of Ale, and seeth them together, and drinke it a little before the course or fitte

An Hospitall

doo come, as hot as you may,

For the Collicke.

Take Bromell seede, Parslie seedes, and Anniseedes, of each two spoonesfulls, greene Fennell one handfull, one Parslie root, one Radish roote, of each as long as a finger, vnset Time one handfull, one handfull of Philopendula, and a handfull of Cheristones, wash all these and bruse them and stampe them very small, boile all these in two quartes of white Wine, in an earthen pot close, till a pinte be consumed, then let it run through a linnen cloth of it selfe, without straining, and drinke it morning and euening.

For the windy Collicke.

Take a quart of Ale clarified, two spoonesfulls of the flower of Liquorice, one spoonesfull of the flower of Anniseedes, halfe a spoonesfull of brused Fennell seedes, a little Time, and seeth them together till a pinte of the Ale be consumed, and so drinke it first and last.

For the Collicke and Stone.

Take a handfull of Auens, a handfull of Pellitorie of the wall, as much Camomell as will lye in the Palme of your hand, and a spoonesfull of Parslie seede, brused a little, make a Posset of renish wine, take off the curd, and boile all these together in the drinke till the substance be boyled out, then vse it morning and euening.

For a paine in the side that commeth of winde.

Take a handfull of Cummin seede, another of Anniseede, and two of Kew, and seeth all these together in running water from a pottle to a quarte, put to it halfe a pint of white Vinegar, befoze it be colde, dip a sponge in it, and wring out the liquor somewhat, and lay it to the patients side as hot as he can suffer it, and when it beginneth to waxe cold, take a new.

To remoue a disease from the stomacke.

Drinke a quantitie of Dragon water, or water imperiall, mingled with Treacle or Metridatum.

For them that doo cast vp their meat, by reason of weaknesse of the stomacke.

Take the nether crust of brolone bread, dye it well and
leisurely

for the diseased.

leysurely at the fire, then steepe it in strong vinegar, a little while, take it out, and spread vpon it the powder of cloves, warme it againe, and tye it about the mouth of the stomacke, and the vomit shall cease.

A drinke for clenſing the stomacke, to be taken luke warme in the morning.

Take Yſope, Roſemary, and Time, of each two crops, and put them in a pinte of Ale, with a pretie quantitie of Sugar, and let them boile till the ſtrength is in them, then drinke thereof two houres befoze meate.

A drinke to auoide the ſeagme out of the stomacke, to make it eaſier to come vp, you may take of it a ſpoonefull or two continually when you neede.

Take eight ſpoonefulls of roſe water, foure ſpoonefulls of Conduit water, and two ſpoonefulls of white vinegar, halfe a quarter of white Sugar, boyle all theſe in a Porringer vpon a Chafingdiſh of coles, and ſcumme it cleane, and then drinke it luke warme.

A remedy againſt the plague, ſent to the Lord Mayor of London, from King Henry the eight.

Take a handfull of Sage, a handfull of Hearbe-grace, a handfull of Elder leaues a handfull of redde bꝛamble leaues, ſtampe them all and ſtraine them thꝛough a fine cloth with a quart of white wine, and then take a quantitie of Ginger, and mingle them together, and ſo take a ſpoonefull of the ſame, and you ſhall be ſafe foꝛ foure and twenty daies, and ſo being nine times taken, ſhall bee ſufficient foꝛ all the whole yere by the grace of God. And if it be ſo that the partie be ſtricken with the plague befoze he hath drunke of this medicine, then take the water of Scabions a ſpoonefull, and water of Betonie a ſpoonefull, and a quantitie of fine Treacle, and put them altogether, and cauſe him to drinke it, and it ſhall put out all the venome. If it ſoꝛtune the botche to appere, then take the leaues of Bꝛambles, Elder leaues, Muſtard ſeede, and ſtampe them altogether, and make a plaifter thereof, and lay it to the ſoze, and it ſhall drawe out the venome, and the partie ſhall be whole by the grace of God.

An Hospital

To cause one to sleepe.

Take a spoonefull of pure Rose water, as much of vinegar, two spoonefulls of the oyle of Roses, halfe a handfull of Rose leaues made in powder, mingle them altogether, and take crums of leavened bread made of Wheate, and make a playster thereof, and lay it ouer the forehead and temples.

For a sore throte.

Take Cullumbines, and Sinckfoyle, and stamp them both together, and straine them with Milke, and drinke it verie warme.

For the Hickop.

Take oyle of Lylies, and annoynt the sicke mans body sundry times.

For a Canker in the mouth.

Take a Flower de lace roote, washe it, and slice it, and a few leaues of Pennyroyall, lay them in steepe in Conduit water, and so wash your mouth with the water.

For a Laske.

Take an Egge, and Aqua composita, and boyle it with the Egge till it be dype, then take Sinamon and Sugar, and eate with the Egge.

A medicine very precious called *Flos unguentum*, good for all manner of maladies, that is to wit, against all sores, and wounds, against all manner of impostumes in the head or bodie, against head ache, singing in the braine, or boiling in the hart, shrinking of Sinewes, it draweth out any thorn or broken bone, and al manner of ache out of the Lyuer, Splene or Lungs, it helpeth the Hemerodes, and is very good to make a fere cloth for all Goutes, aches, and pestilent botches, and therefore this treatise is worthilie called *Flos unguentum*.

Take Rosin and Ber, of each halfe a pound, of Virginware and Frankensence, of each a quarter of a pound of Basticke an ounce, of harts setwet a quarter of a pound, a quarter of a pound of Campher, and two dragmes, melt that is to be melted, and pare that is to be pared, and serce it, boyle them
ouer

for the diseased.

ouer the fire, and straine them thzough a cloth into a pottle of white Wine, with all the other medicines together, then let it coole, till it be no hotter then blood warme, then put therunto a quantitie of Turpentine, euer stirring it vntill it be colde, but euer beware that your stufte be no hotter then blood warm, when you put to your Turpentine, oz els it marreth all your stufte, and make it vp in roles, and keepe it to your vse, and when you will, occupie it plaister wise to your greefe.

To make the blacke salue, that cureth all olde sores and Vlcers be they neuer so great, foule, and stinking

Take a gallon of stale Ale, beeing very strong, two handfuls of Woodbinde leaues, halfe a handfull of red seeded Pet- tles, as much Colewortes, with the ragged leaues, halfe a pound of red Onions, halfe a pound of Garlicke pilled, a pound of vnset Leekes, a little dishfull oz a handfull of the powder of a rotten Hoste, of an Oke is best, let all these be stamped small in a Morter seuerally by themselves, put them into the Ale with halfe a pound of Roch Allom, then set them ouer a soft fire, and let them boyle till the one part oz moze bee boyled a- way, then let them stand thze oz foure daies, but first straine them thzough a cleane Cloth, into a cleane vessell, then put to them halfe a pound of Ware, halfe a pound of Rosin, halfe a pound of the Peruell that is greene, a quantity of Stone Honey, then set it ouer a soft fire againe, and let them boile till the one halfe be consumed, then put it into a cleane earthen pot, and stop it very close, and vse thereof when you haue occasion.

Prescriptions and rules, made by M. Doctor Good, to be obserued at the Bath.

When you come to Bath, after your iourney, rest and qui- et your bodye for the space of a day oz two, and see the fashion of the Bath, how and after what sort others that are there doe vse the same.

If it be not a faire cleere day, goe not into the open Bath, but rather vse the water in a Bathing vessell in your Cham- ber as many men doe.

The best times in the day to goe into the Bathes, is in the

An Hospitall

morning, an houre and a halfe after the sun rising or there about, in the most quietest time, and when you shall seele your stomacke well and quiet, and that your meat is well digested, and haue rested well the night befoze, but befoze you goe into the Bath, you must walke an houre, or halfe an houre at the least in your Chamber or else where.

You must alwaies goe into the bath with an emptie stomacke, and as long as you are in it, except great necessitie require the contrarie, and then to take some little supping befoze your walking, or befoze you rise is not hurtfull, let your tarrying in the Bath be according as you may well abide it, but tarrie not too long in any wise at the first, although you may well abide, that your strength at no time may faile you.

You may tarry in the Crosse bath an houre and halfe at a time after the first bathing, and in the Kinges Bath you may tarrie after the first bathing, at one time halfe an houre, or three quarters of an houre, but in any wise tarrie at no time untill you be faint, or that your strength faile you.

And if at any time you be faint in the Bath, then you may drinke some Ale warmed with a toste, or any other supping, or greene Ginger, or if great neede be Aqua composita, Petradactum, the bignes of a Nut kernell at a time eyther by it selfe, or mixed with Ale or other Liquour.

As long as you are in any of the bathes, you must couer your head very well, that you take no colde thereof, for it is verie perrilous to take any colde on your head in the Bath, or in any other place during your bathing time.

When you come forth of any of the Bathes, see that you couer your selfe very well and drye of the water from your body with warme clothes, and then put on a warme sherte and a Mantle, or some other warme Cowne, for taking of colde, and so goe straight way to your warmed bed, and sweat diligently, and after that you may sleepe a while, but you must not drinke any thing till dinner time, except you be very faint, and then you may take a little Sugar-candie or a few Raisons, or a little thyn broth, but small in quantitie to slake your thirst onely, because it is not good to drinke or eate by and by after the Bath,

for the diseased.

Bath, untill you haue slept a while if you can.

After that you haue slept and sweat enough, and clearely deliuered from the heate, that you had in the bath, and in your bed, then may you rise and walke a little, and so goe to your dinner, so by measurable walking, the euill vapours and windinesse of the stomacke, that are taken in the Bath be driven away, and utterly auoided.

After all this, then goe to your dinner, and eate of good meates, but not very much, that you may rise from the table with some appetite, so that you could eate more if you would, and yet you must not eat too little so decayng of your strength.

Let your bread be of good swete Meale, and of one dayes baking or two at the most, and your meate well boyled or roasted, and especiallie let these be your meates,utton, Meale, Chickens, Rabbits, Capon, Pheasant, Partrich, or the like.

You may also eate fresh water fish, so it be not muddy, as Eeles and the like refraine all salt fish, as Ling, Haberdine, &c. auoide all fruite and raw hearbs, Sallet and the like.

Apparrell your body according to the coldnesse of the weather, and the temperature of the ayre, but in any wise take no colde.

And if you bath againe in the after none, or at after dinner, then make a verie light dinner, as a couple of poached Egges, a Caluole, or some other broth with a Chicken, and then after foure or five houres your dinner so taken, you may bath againe, and in any wise carrie not so long in the bath as you did in forenoone.

You must at no time goe into the bath, except you haue bene at stoule, either by nature or otherwise, and if by no means it will be of it selfe, then take a suppositary once in two dayes at the least wise.

For all manner of Wormes.

Take Groundsell, and Plantine with the rootes, and stampe them and straine them with Malmeise, and warme it, and giue it the patient to drinke three daies together: it will kill all manner of wormes, and if you haue an ague, it will also rid it by Gods grace.

A medi-

An Hospital

A medicine for the worms in a Child.

Take Aqua composita that is made of hearbs, and wash the brest of the Childe, then take the pouder of mirrh very fine beaten, and strew it vpon the brest of the childe after that it is washed, and laye a warme cloth to it, and let it lie foure and twentie houres.

For the Worms.

If it fortune the Childe to auoide a woyme, as often times they doe, then take that woyme and dry it, so that you make into powder, and giue it to the Childe to drinke in Ale or Melloe, and it shall kill the rest of the woynes or cause them to come forth alive.

For him that hath drunke venome, and his belly be-
ginneeth to swell or ake.

Take greene Kelle, wash it, stampe it and temper it with white wine, and giue it him to drinke.

To clear the voice.

Take Organy, Flop, Harts-tung, Clicompane, of Rice, and of Fennell, and boile them together with cleane water, and so drinke it first and last.

**A medicine for Tisick, and stopping in the breast,
and to open the Pipes.**

Take Wardly rootes, Fennell rootes, Succorie rootes, and
take out the pith of them, and seeth them in white wine till
they bee soft, seeth them with Juniper berries if you can get
them, then straine it, when it is well sodden, put Pellicorie of
Spaine to the Wine, and let the sicke drinke of it morning and
evening eight dayes.

FINIS.

It is remarkable, and fortunate with the
 stamps there and the same with the
 and give it the patient to drink
 all manner of treatment, and it
 also to it by the same.

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A Rich
Store-house or Treasury
for the Diseased.

Wherein, are many approved
Medicines for diuers and sundry
Diseases, which haue been long hidden,
and not come to light before
this time.

Now set foorth for the great benefit
and comfort of the poorer sort of people
that are not of abillitie to go
to the Physitions,

By A. T.

Rebus aduersis constans.

AT LONDON,
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